

profiles

Health and Fitness Membership

from ACTIVE LUTON



step into a healthy new lifestyle

A unique choice of facilities and classes across Luton

- ♥ 7 great sports venues
- ♥ 2 top class gyms
- ♥ 4 swimming pools
- ♥ Some of the best fitness classes in town

And we've rolled them all into one great **VALUE FOR MONEY** membership package **just for YOU.**

FREE Active Luton Gym Bag and Face Towel when you join.

Membership hotline 08453 30 30 85

your health, your life, your choice

act 
LUTON

Profiles Membership - it's unique

access to 2 health clubs, 4 swimming pools
and unlimited fitness classes

Profiles membership offers a flexible approach to health and fitness, letting you choose where you exercise.

Profiles Health Clubs

Lea Manor Recreation Centre and **Luton Regional Sports Centre** house 2 state of the art fitness facilities for all your training needs. Each club is run by fully qualified, professional and friendly staff who will devise a tailor-made programme to suit your fitness goals. To ensure your programme is working for you, regular revisions are made to support you as you train.

Free Fitness Classes

Your **Profiles** membership will give you **FREE** access to a great range of fitness classes at locations right across the town. There's something for everyone.

Swim for Fun or to Get Fit

As a **Profiles** member you will also be able to swim as often as you like, **FREE** of charge, in public swimming sessions and join the Swim and Trim classes for **FREE** too.

Member Reward Scheme

Staying focused on your health and fitness goals is not always easy. We do understand and that's why we have created the **Profiles** Member Reward Scheme with some great incentives to keep you motivated along the way.

Payment Options

A range of flexible payment options are available. Choose from the most cost-effective annual lump sum payment to a monthly rolling membership paid by direct debit. A member of the team will be happy to discuss the best option for you.

Plus

As a **PROFILES** member you will also receive:

- ♥ 15% discount on adult swimming lessons
- ♥ information and early notification of special offers and promotions
- ♥ advanced booking options for children's holiday activities
- ♥ email notification of any programme changes

Just a few reasons to **make Profiles your first choice for health and fitness.**

Call **08453 30 30 85** to speak to a membership adviser or alternatively email **info@activeluton.co.uk**

www.activeluton.co.uk

